



Two-Week Lunch Menu Rotation

Weeks 1, 3, 5, 7

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course (w/side)	Greek Chicken Skewer, Rice, Greek salad and 1 white pita bread Assorted Veggies & Dip	Penne Pasta w/ Meatballs & Tomato Sauce (<i>parmesan cheese</i>) Caesar Salad & Garlic Stick	Pizza Pizza Slices (Pep & Cheese) Garden Salad served with ranch & balsamic	Soft Tacos & Nacho Chips w/Cheese Sauce Assorted Veggies & Dip	Hamburgers & Hot Dogs (Beef & Veggie) w/Lettuce & Tomato 3oz serving of French fries
Beverages	Chocolate Milk 1% Milk Bottled Water Assorted Canned Juice	Chocolate Milk 1% Milk Bottled Water Assorted Canned Juice	Chocolate Milk 1% Milk Bottled Water Assorted Canned Juice	Chocolate Milk 1% Milk Bottled Water Assorted Canned Juice	Chocolate Milk 1% Milk Bottled Water Assorted Canned Juice <i>*Assorted Pop for campers 10 yrs+</i>
Dessert	Assorted Ice Cream Cups Assorted Whole Fruit	Chocolate Mousse & Gummie Worms Assorted Whole Fruit	Large Rice Krispie Square, Assorted Whole Fruit	Large chocolate chip cookie (1) Assorted Whole Fruit	Assorted Ice Cream Cups Assorted Whole Fruit
Cold Option	Assorted WRAPS & Sandwiches Plain/Whole Wheat Bagel (butter & cream cheese)	Assorted WRAPS & Sandwiches Plain/Whole Wheat Bagel (butter & cream cheese)	Assorted WRAPS & Sandwiches Plain/Whole Wheat Bagel (butter & cream cheese)	Assorted WRAPS & Sandwiches Plain/Whole Wheat Bagel (butter & cream cheese)	Assorted WRAPS & Sandwiches Plain/Whole Wheat Bagel (butter & cream cheese)

Weeks 2, 4, 6, 8

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course (w/side)	Chicken Burgers French Fries Assorted Veggies & Dip	Cheese Tortellini (Blush Sauce & Alfredo Sauce) Caesar Salad & Garlic Stick	Pizza Bagels (Pep & Cheese) Garden Salad served with ranch & balsamic	Homemade Mac & Cheese Caesar Salad & Garlic Stick	Hamburgers & Hot Dogs (Beef & Veggie) w/Lettuce & Tomato 3oz Serving of French Fries
Beverages	Chocolate Milk 1% Milk Bottled Water Assorted Canned Juice	Chocolate Milk 1% Milk Bottled Water Assorted Canned Juice	Chocolate Milk 1% Milk Bottled Water Assorted Canned Juice	Chocolate Milk 1% Milk Bottled Water Assorted Canned Juice	Chocolate Milk 1% Milk Bottled Water Assorted Canned Juice <i>*Assorted Pop for campers 10 yrs+</i>
Dessert	Assorted Ice Cream Cups Assorted Whole Fruit	Chocolate Brownie & Mousse Assorted Whole Fruit	Large chocolate chip cookie (1) Assorted Whole Fruit	Large Rice Krispie Square Assorted Whole Fruit	Assorted Ice Cream Cups Assorted Whole Fruit
Cold Option	Assorted WRAPS & Sandwiches Plain/Whole Wheat Bagel (butter & cream cheese)	Assorted WRAPS & Sandwiches Plain/Whole Wheat Bagel (butter & cream cheese)	Assorted WRAPS & Sandwiches Plain/Whole Wheat Bagel (butter & cream cheese)	Assorted WRAPS & Sandwiches (include lettuce & tomato) Plain/Whole Wheat Bagel (butter & cream cheese)	Assorted WRAPS & Sandwiches Plain/Whole Wheat Bagel (butter & cream cheese)